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DISCOVERY BIBLE STUDY PLAN

DBS Drills

Sixty-six very short passages — one to three verses each — for quick studies and repeated practice of the DBS cycle.

66 Bible Studies by CoMission

He will wipe every tear

Revelation 21:3-4

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6-7).

God, you are coming to live among us, and death and crying will be gone. Hold that in front of me while today still hurts.

LAST STUDY IN THIS PLAN Choose your next plan

comission.cc/en/bible-study-plans/



This study online

If we confess our sins

1 John 1:8-9

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, pretending I have no sin only fools me. You are faithful and just to forgive — so I will say it plainly.

NEXT STUDY He will wipe every tear comission.cc/en/study/dbs-drills/66/



- 1

Made in God's image

Genesis 1:26-27
- 2

Blessed to be a blessing

Genesis 12:2-3
- 3

What others meant for harm

Genesis 50:20
- 4

The Lord will fight for you

Exodus 14:14
- 5

No other gods

Exodus 20:2-3
- 6

Love the Lord with everything

Deuteronomy 6:4-5
- 7

He goes with you

Deuteronomy 31:6
- 8

Choose today whom you will serve

Joshua 24:15
- 9

God looks at the heart

1 Samuel 16:7
- 10

The joy of the Lord is your strength

Nehemiah 8:10
- 11

The tree by the water

Psalms 1:1-3
- 12

The Lord is my shepherd

Psalms 23:1-3
- 13

Create in me a clean heart

Psalms 51:10-12
- 14

Your word in my heart

Psalms 119:9-11
- 15

Search me, God

Psalms 139:23-24
- 16

Trust him, not yourself

Proverbs 3:5-6
- 17

A gentle answer

Proverbs 15:1
- 18

Iron sharpens iron

Proverbs 27:17
- 19

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Ecclesiastes 4:9-10
- 20

Here I am. Send me.

Isaiah 6:8
- 21

Those who wait on the Lord

Isaiah 40:30-31
- 22

Pierced for our transgressions

Isaiah 53:5-6
- 23

Seek me with all your heart

Jeremiah 29:11-13
- 24

A new heart

Ezekiel 36:26
- 25

But even if he does not

Daniel 3:17-18
- 26

Salvation comes from the Lord

Jonah 2:9
- 27

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Matthew 4:19-20
- 28

The light of the world

Matthew 5:14-16
- 29

Seek first the kingdom

Matthew 6:33-34
- 30

Come to me, all who are weary

Matthew 11:28-30
- 31

The greatest commandment

Matthew 22:37-39
- 32

Take up your cross

Mark 8:34-35
- 33

Not to be served, but to serve

Mark 10:43-45
- 34

Love your enemies

Luke 6:27-28
- 35

Deny yourself daily

Luke 9:23
- 36

The harvest is plentiful

Luke 10:2
- 37

Children of God

John 1:12-13
- 38

God so loved the world

John 3:16-17
- 39

The truth will set you free

John 8:31-32
- 40

A new command

John 13:34-35
- 41

Remain in me

John 15:4-5
- 42

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Acts 1:8
- 43

They devoted themselves

Acts 2:42
- 44

No other name

Acts 4:12
- 45

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Romans 3:23-24
- 46

While we were still sinners

Romans 5:8
- 47

The gift of God

Romans 6:23
- 48

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Romans 8:1-2
- 49

Confess and believe

Romans 10:9-10
- 50

One body, many parts

1 Corinthians 12:12-13
- 51

A new creation

2 Corinthians 5:17-18
- 52

The fruit of the Spirit

Galatians 5:22-23
- 53

Carry each other's burdens

Galatians 6:1-2
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Saved by grace, made for good works

Ephesians 2:8-10
- 55

Do not be anxious

Philippians 4:6-7
- 56

Clothe yourselves

Colossians 3:12-13
- 57

Entrust it to faithful people

2 Timothy 2:2
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All Scripture is God-breathed

2 Timothy 3:16-17
- 59

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The word is alive

Hebrews 4:12
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Spur one another on

Hebrews 10:24-25
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James 1:22
- 63

Always be ready

1 Peter 3:15
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1 Peter 5:6-7
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If we confess our sins

1 John 1:8-9
- 66

He will wipe every tear

Revelation 21:3-4

Cast your anxiety on him

1 Peter 5:6-7

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, humbling myself and handing you my anxiety turn out to be the same movement. You care for me — here it is.

NEXT STUDY [If we confess our sins](https://comission.cc/en/study/dbs-drills/65/) comission.cc/en/study/dbs-drills/65/



Always be ready

1 Peter 3:15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you ask us to be ready to explain our hope, with gentleness and respect. Give me the words, and the tone, when someone asks.



NEXT STUDY Cast your anxiety on him comission.cc/en/study/dbs-drills/64/

How a Discovery Bible Study works

This page is for whoever leads the study. Everyone else only needs the passage.

A Discovery Bible Study has no teacher. The person leading only asks the questions; the Bible does the teaching. That is what makes it simple enough for anyone to lead — no title, no training, no materials, no money.

EAT, DIGEST, GROW

Eat the Word — Read the passage aloud, read it again, then close the Bible and have someone retell it in their own words. Reading is the bite, re-reading the chewing, the retelling the swallow. If the group can't retell it, read it once more before going on.

Digest — Work through the four questions. This is where the passage turns into faith and obedience — answered from what the text actually says, not from what someone already knew.

Grow — Growth is God's part, not yours. One plants, another waters, but God gives the growth (1 Corinthians 3:6–7). Do the cycle faithfully and leave the growing to Him.

THE FOUR QUESTIONS

Answer from what the passage actually says — stay in the text.

- 1. What does this passage show me about God?
- 2. What does it show me about people — and about myself?
- 3. What will I obey this week? (a concrete step, with a day)
- 4. Who will I tell?

THE SHAPE OF A MEETING

Look back — What are you thankful for? What is hard right now? How did you obey what we found last time, and who did you tell? Pray briefly for each other.

Look up — Read, re-read, retell — then the four questions.

Look forward — Each person says their own “I will...” out loud and names one person they will tell. Next time, the group asks about both. Asking is what turns a discussion into obedience.

THE ONE RULE: DON'T TEACH

The moment you start explaining, the group stops discovering. If someone says something that is not in the passage, do not correct them — ask, kindly, “Where do you see that in this passage?” and let them look. The text and the group sort it out. This is the rule that lets someone who has been in two studies lead the third.

Four to fifteen people. About an hour, once a week. Nothing else required.

Made in God’s image

Genesis 1:26-27

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you made people in your own likeness — every one of them. Help me see your image in the next person I meet today.

NEXT STUDY Blessed to be a blessing comission.cc/en/study/dbs-drills/02/



Do what it says

James 1:22

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you warn about hearing your word and walking away unchanged. Whatever I heard today, help me do one part of it.

NEXT STUDY Always be ready comission.cc/en/study/dbs-drills/63/



Spur one another on

Hebrews 10:24-25

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Lord, you told us to think about how to provoke each other to love and good deeds, and not to stop meeting. Show me who to go and find.



Blessed to be a blessing

Genesis 12:2-3

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Father, you blessed Abram so that every family on earth would be blessed through him. Make what you have given me reach someone else this week.



What others meant for harm

Genesis 50:20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, Joseph saw your hand even in what was done to hurt him. Give me that long sight when I am wronged.

NEXT STUDY The Lord will fight for you comission.cc/en/study/dbs-drills/04/



The word is alive

Hebrews 4:12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, your word is living and it reads me before I finish reading it. Let it cut where it needs to.

NEXT STUDY Spur one another on comission.cc/en/study/dbs-drills/61/



Not because of anything we had done

Titus 3:4-5

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you saved us because of your mercy and not because of our righteous acts. Keep me from quietly rewriting that.

NEXT STUDY The word is alive comission.cc/en/study/dbs-drills/60/



This study online

The Lord will fight for you

Exodus 14:14

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you told a trapped people to be still. Teach me when to stop struggling and let you act.

NEXT STUDY No other gods comission.cc/en/study/dbs-drills/05/



This study online

No other gods

Exodus 20:2-3

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you rescued your people first and then asked for their whole loyalty. Show me what is quietly competing with you in my life.



NEXT STUDY Love the Lord with everything comission.cc/en/study/dbs-drills/06/

All Scripture is God-breathed

2 Timothy 3:16-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, your word teaches, corrects and trains — it is not only for comfort. Let it correct me where I need it, not just reassure me.



NEXT STUDY Not because of anything we had done

comission.cc/en/study/dbs-drills/59/

Entrust it to faithful people

2 Timothy 2:2

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, what I have been taught is meant to travel four generations deep. Show me the reliable person I should be passing it to.



NEXT STUDY All Scripture is God-breathed comission.cc/en/study/dbs-drills/58/

Love the Lord with everything

Deuteronomy 6:4-5

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you are one, and you ask for all of me — heart, soul and strength. Take the part I have been holding back.



NEXT STUDY He goes with you comission.cc/en/study/dbs-drills/07/

He goes with you

Deuteronomy 31:6

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you promised never to leave or abandon your people.

Make that promise louder than my fear today.

NEXT STUDY Choose today whom you will serve

comission.cc/en/study/dbs-drills/08/



Clothe yourselves

Colossians 3:12-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you tell your chosen people to put compassion and

patience on like clothes, and to forgive as we were forgiven.

Bring to mind who I have not.

NEXT STUDY Entrust it to faithful people comission.cc/en/study/dbs-drills/57/



Do not be anxious

Philippians 4:6-7

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, you ask for the worry to be handed over as prayer with thanks. Here is mine — guard my heart with your peace.

NEXT STUDY Clothe yourselves comission.cc/en/study/dbs-drills/56/



Choose today whom you will serve

Joshua 24:15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, Joshua decided out loud and for his whole household. Give me the courage to say plainly who I serve.

NEXT STUDY God looks at the heart comission.cc/en/study/dbs-drills/09/



God looks at the heart

1 Samuel 16:7

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

*God, people see the outside and you see what I actually am.
Make the inside worth looking at.*

NEXT STUDY The joy of the Lord is your strength

comission.cc/en/study/dbs-drills/10/



Saved by grace, made for good works

Ephesians 2:8-10

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

*God, you saved me by grace so that nobody could boast, and
you prepared work for me to walk into. Let me find today's.*

NEXT STUDY Do not be anxious comission.cc/en/study/dbs-drills/55/



Carry each other’s burdens

Galatians 6:1-2

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you told us to restore a person gently and to watch ourselves while we do it. Give me that gentleness, and that caution.



NEXT STUDY Saved by grace, made for good works

comission.cc/en/study/dbs-drills/54/

The joy of the Lord is your strength

Nehemiah 8:10

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, when your word exposed them your people wept, and you sent them to eat and share. Let your joy hold me up today.



NEXT STUDY The tree by the water comission.cc/en/study/dbs-drills/11/

The tree by the water

Psalm 1:1-3

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you plant people who delight in your word where the water never runs out. Put my roots there.

NEXT STUDY The Lord is my shepherd comission.cc/en/study/dbs-drills/12/



The fruit of the Spirit

Galatians 5:22-23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Holy Spirit, this is fruit you grow, not a list I achieve. Grow the one I am shortest of right now.

NEXT STUDY Carry each other's burdens comission.cc/en/study/dbs-drills/53/



A new creation

2 Corinthians 5:17-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, in Christ the old is gone and you handed us the work of reconciling. Show me one relationship to start with.

NEXT STUDY The fruit of the Spirit comission.cc/en/study/dbs-drills/52/



The Lord is my shepherd

Psalms 23:1-3

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Shepherd, you make me lie down and you restore what is worn out in me. I will let you lead today.

NEXT STUDY Create in me a clean heart comission.cc/en/study/dbs-drills/13/



Create in me a clean heart

Psalm 51:10-12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, David asked you to make something new rather than to patch the old. Create that in me, and give back the joy I have lost.



One body, many parts

1 Corinthians 12:12-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you put us into one body by one Spirit and kept us different on purpose. Help me need the parts I am tempted to dismiss.



Confess and believe

Romans 10:9-10

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you made the door this plain: confess with the mouth, believe in the heart. Thank you that it is not more complicated than that.



NEXT STUDY One body, many parts comission.cc/en/study/dbs-drills/50/

Your word in my heart

Psalms 119:9-11

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you keep a life clean by your word stored up inside it. Help me hide some of it in my heart this week.



NEXT STUDY Search me, God comission.cc/en/study/dbs-drills/15/

Search me, God

Psalm 139:23-24

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

God, I am asking you to look where I would rather not. Show me what is there and lead me the other way.

NEXT STUDY Trust him, not yourself comission.cc/en/study/dbs-drills/16/



No condemnation

Romans 8:1-2

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Jesus, there is now no condemnation for those who are in you. Quiet the voice that keeps re-reading my old record.

NEXT STUDY Confess and believe comission.cc/en/study/dbs-drills/49/



The gift of God

Romans 6:23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, sin pays wages and you give a gift. Thank you that eternal life is not a wage I could ever have earned.

NEXT STUDY No condemnation comission.cc/en/study/dbs-drills/48/



Trust him, not yourself

Proverbs 3:5-6

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, my own understanding is the thing I lean on first. Teach me to acknowledge you before I decide.

NEXT STUDY A gentle answer comission.cc/en/study/dbs-drills/17/



A gentle answer

Proverbs 15:1

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, my words decide whether a fire goes out or spreads.

Give me a gentle answer in the conversation I am dreading.

NEXT STUDY Iron sharpens iron comission.cc/en/study/dbs-drills/18/



While we were still sinners

Romans 5:8

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you proved your love before I cleaned anything up. Let me stop trying to earn what you already gave.

NEXT STUDY The gift of God comission.cc/en/study/dbs-drills/47/



All have sinned

Romans 3:23-24

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, everyone falls short and everyone is justified freely by your grace. Keep me from grading people, myself included.

NEXT STUDY While we were still sinners comission.cc/en/study/dbs-drills/46/



Iron sharpens iron

Proverbs 27:17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, people are sharpened by people, not alone. Give me one friend who will tell me the truth, and make me that friend.

NEXT STUDY Two are better than one comission.cc/en/study/dbs-drills/19/



Two are better than one

Ecclesiastes 4:9-10

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you made us to be picked up when we fall. Show me who is down right now, and who I should let pick me up.

NEXT STUDY Here I am. Send me. comission.cc/en/study/dbs-drills/20/



No other name

Acts 4:12

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, there is no other name given by which we must be saved. Keep me from looking for a second one.

NEXT STUDY All have sinned comission.cc/en/study/dbs-drills/45/



They devoted themselves

Acts 2:42

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, the first church held on to teaching, life together, the breaking of bread and prayer. Show me which of the four I have let go.



NEXT STUDY No other name comission.cc/en/study/dbs-drills/44/

Here I am. Send me.

Isaiah 6:8

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you asked who would go, and Isaiah answered before he knew the assignment. Make me that available.



NEXT STUDY Those who wait on the Lord comission.cc/en/study/dbs-drills/21/

Those who wait on the Lord

Isaiah 40:30-31

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, even the young grow tired, and you renew the strength of those who wait for you. I am waiting.

NEXT STUDY Pierced for our transgressions comission.cc/en/study/dbs-drills/22/



You will be my witnesses

Acts 1:8

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Holy Spirit, you give power to witnesses — starting where they already are. Start with my own street.

NEXT STUDY They devoted themselves comission.cc/en/study/dbs-drills/43/



Remain in me

John 15:4-5

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, a branch cut off the vine bears nothing, however hard it tries. Keep me connected to you before I am useful to anyone.

NEXT STUDY You will be my witnesses comission.cc/en/study/dbs-drills/42/



Pierced for our transgressions

Isaiah 53:5-6

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, we each turned our own way and the punishment fell on you. Thank you for taking what was mine.

NEXT STUDY Seek me with all your heart comission.cc/en/study/dbs-drills/23/



Seek me with all your heart

Jeremiah 29:11-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you promised to be found by people who look for you with everything they have. I am not looking halfway today.

NEXT STUDY A new heart comission.cc/en/study/dbs-drills/24/



A new command

John 13:34-35

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you said people would know who follows you by how we love each other. Make that true of us where people can see it.

NEXT STUDY Remain in me comission.cc/en/study/dbs-drills/41/



The truth will set you free

John 8:31-32

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you tied freedom to holding on to your word. Keep me in it long enough to be changed by it.

NEXT STUDY A new command comission.cc/en/study/dbs-drills/40/



A new heart

Ezekiel 36:26

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you promised to take out the heart of stone and give a heart of flesh. Do that where I have gone hard.

NEXT STUDY But even if he does not comission.cc/en/study/dbs-drills/25/



But even if he does not

Daniel 3:17-18

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, they trusted you to rescue them and obeyed you either way. Give me that kind of obedience when the outcome is not promised.



NEXT STUDY Salvation comes from the Lord

comission.cc/en/study/dbs-drills/26/

God so loved the world

John 3:16-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, you sent your Son to save and not to condemn. Let that settle where I still expect your disapproval.



NEXT STUDY The truth will set you free comission.cc/en/study/dbs-drills/39/

Children of God

John 1:12-13

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, you give the right to become your children to everyone who receives your Son. Thank you that this birth is your doing, not mine.



NEXT STUDY God so loved the world comission.cc/en/study/dbs-drills/38/

Salvation comes from the Lord

Jonah 2:9

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, Jonah said this from inside the consequence of running. Salvation is yours to give — I stop trying to earn it.



NEXT STUDY Follow me comission.cc/en/study/dbs-drills/27/

Follow me

Matthew 4:19-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you said follow me and I will make you fishers of people, and they left at once. Show me what I am slow to put down.



NEXT STUDY The light of the world comission.cc/en/study/dbs-drills/28/

The harvest is plentiful

Luke 10:2

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

*Lord of the harvest, the field is full and the workers are few.
Send workers — and count me among them.*



NEXT STUDY Children of God comission.cc/en/study/dbs-drills/37/

Deny yourself daily

Luke 9:23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you said daily — not once. Show me today's version of taking up the cross.

NEXT STUDY The harvest is plentiful comission.cc/en/study/dbs-drills/36/



The light of the world

Matthew 5:14-16

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, a lamp is not lit to be covered. Let what people see in me send them to you and not to me.

NEXT STUDY Seek first the kingdom comission.cc/en/study/dbs-drills/29/



Seek first the kingdom

Matthew 6:33-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, you told us to seek your kingdom first and not to borrow tomorrow's worry. Take the worry I woke up with.

NEXT STUDY [Come to me, all who are weary](https://comission.cc/en/study/dbs-drills/30/) comission.cc/en/study/dbs-drills/30/



Love your enemies

Luke 6:27-28

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you told us to do good to the people who hate us and to pray for those who mistreat us. Bring one name to mind, and help me start.

NEXT STUDY [Deny yourself daily](https://comission.cc/en/study/dbs-drills/35/) comission.cc/en/study/dbs-drills/35/



Not to be served, but to serve

Mark 10:43-45

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you measured greatness by who serves. Show me one place to take the lower seat this week.

NEXT STUDY Love your enemies comission.cc/en/study/dbs-drills/34/



Come to me, all who are weary

Matthew 11:28-30

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you offer rest to the worn out and a yoke that actually fits. I am bringing you what is wearing me down.

NEXT STUDY The greatest commandment comission.cc/en/study/dbs-drills/31/



The greatest commandment

Matthew 22:37-39

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Lord, you put everything on two commands — love God, love your neighbour. Show me which one I am neglecting.

NEXT STUDY Take up your cross comission.cc/en/study/dbs-drills/32/



Take up your cross

Mark 8:34-35

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

2. What does it show me about people — and about myself?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

 Pray

Jesus, you said whoever loses their life for you saves it. Help me believe that where it costs me something real.

NEXT STUDY Not to be served, but to serve comission.cc/en/study/dbs-drills/33/

